



Oregon Mock Skills

Effective for testing: October 1, 2024

Note: The skill task steps included in the mock skills are offered as guidelines to help prepare candidates for the Oregon nurse aide skill test and the steps included are not intended to be used to provide complete care that would be all-inclusive of best care practiced in an actual work setting.

D&SDT-Headmaster



1.) AMBULATE A CLIENT WITH A WALKER USING A GAIT BELT

	Knock on the door.	
	Perform hand hygiene. a. Cover all surfaces of hands with hand sanitizer. b. Rub your hands together until they are completely dry.	
	Explain the procedure to the client.	
	Lock bed brakes to ensure the client's safety.	
	Lower the bed so the client's feet are flat on the floor when sitting on the edge of it.	
	Bring the client to a sitting position.	
	Place the gait belt around the client's waist to stabilize the trunk.	
	Tighten the gait belt.	
	Check the gait belt by slipping fingers between the gait belt and the client.	
	Assist the client in putting on shoes.	
	Assist the client to stand.	
	Position the walker in front of the client.	
	Ensure the client has stabilized walker.	
	Position yourself behind and slightly to the side of the client.	
	Walk to the side a little behind the client.	
	Safely ambulate the client at least 10 steps to the wheelchair.	
	Lock wheelchair brakes to ensure client's safety.	
	Assist the client to sit in the wheelchair in a controlled manner that ensures safety.	
	Use correct body mechanics at all times.	
	Remove the gait belt.	
	Leave the client in a position of comfort and safety.	
	Maintain respectful, courteous interpersonal interactions at all times.	
	Place the client within easy reach of the call light or signaling device.	
	Perform hand hygiene. a. Cover all surfaces of hands with hand sanitizer. b. Rub hands together until hands are completely dry.	

2.) ASSIST A CLIENT TO USE A BEDPAN, MEASURE AND RECORD OUTPUT WITH HAND WASHING

(ONE OF THE POSSIBLE MANDATORY FIRST TASKS)

	Knock on the door.	
	Perform hand hygiene. a. Cover all surfaces of hands with hand sanitizer. b. Rub hands together until hands are completely dry.	
	Explain the procedure to the client.	
	Provide privacy - pull curtain.	
	Raise the bed to a comfortable working height.	
	Position the client on the bedpan correctly.	
	After placing the bedpan, raise the head of the bed to a comfortable level.	
	Leave the call light within reach of the client.	
	Move to the relaxation area away from the Actor. When the RN Test Observer indicates, the candidate returns.	
	Put on gloves.	
	Gently remove the bedpan.	
	Measure the output using a graduate.	
	Empty the graduate into the toilet.	
	Rinse the equipment.	
	Empty the rinse water into the toilet.	
	Lower the bed.	
	Record the output on the recording form.	
	The candidate's recorded output must be within range of the RN Test Observer's recorded output.	
	Maintain respectful, courteous interpersonal interactions at all times.	
	Leave the call light or signaling device within easy reach of the client.	
	Wash hands - turn on the water.	
	Begin by thoroughly wetting hands.	
	Apply soap to hands.	
	Rub hands together for 20 seconds using friction with soap.	
	Wash all surfaces of hands with soap.	
	Wash all surfaces of wrists with soap.	
	Clean under fingernails with soap.	
	Using friction, rub interlaced fingers together while pointing downward with soap.	
	Rinse hands thoroughly under running water with fingers pointed downward.	
	Dry hands and wrists with a clean paper towel(s).	
	Turn off the faucet with a paper towel.	
	Discard paper towels in a trash container as used.	
	Do not re-contaminate hands at any time during the hand-washing procedure. (NOTE: Such as touching the sides of the sink or faucet during the procedure, crumpling up the paper towel used to turn off the faucet with both hands before discarding, etc.)	

3.) ASSIST A DEPENDENT CLIENT WITH A MEAL IN BED

	Knock on the door.	
	Perform hand hygiene. a. Cover all surfaces of hands with hand sanitizer. b. Rub hands together until hands are completely dry.	
	Explain the procedure to the client.	
	Read the diet card out loud to ensure the client has received the correct tray.	
	Position the client in an upright position, <i>at least</i> 45 degrees.	
	Sit next to the client while assisting with the meal.	
	Describe the foods being offered to the client.	
	Offer fluids frequently. (<i>There are two glasses.</i>)	
	Offer small amounts of food at a reasonable rate.	
	Allow the client time to chew and swallow.	
	Wipe the client's hands and face during the meal as needed.	
	Leave the client clean and in a position of comfort.	
	Record intake of total solid food eaten as a percentage on the recording form.	
	The candidate's recorded intake percentage must be within range of the RN Test Observer's recorded intake percentage.	
	Record the sum total fluid intake in ml on the recording form.	
	The candidate's recorded sum total fluid intake must be within range of the RN Test Observer's recorded sum total fluid intake.	
	Maintain respectful, courteous interpersonal interactions at all times.	
	Leave the call light or signaling device within easy reach of the client.	
	Perform hand hygiene. a. Cover all surfaces of hands with hand sanitizer. b. Rub hands together until hands are completely dry.	

4.) BED BATH [PARTIAL] FOR A CLIENT (WHOLE FACE – ONE ARM, HAND AND ARMPIT)

	Knock on the door.	
	Perform hand hygiene. a. Cover all surfaces of hands with hand sanitizer. b. Rub hands together until hands are completely dry.	
	Explain the procedure to the client.	
	Provide privacy - pull curtain.	
	Fill a basin with comfortably warm water.	
	Raise the bed to a comfortable working height.	
	Keep the client covered (towel, bath blanket, gown, or sheet).	
	Remove the client's gown.	
	Wash the client's face WITHOUT soap.	
	Dry the client's face.	
	Expose one arm.	
	Place a towel under the client's arm, exposing one arm.	
	Wash the client's arm with soap.	
	Wash the client's hand with soap.	
	Wash the client's armpit with soap.	
	Rinse the client's arm.	
	Rinse the client's hand.	
	Rinse the client's armpit.	
	Dry the client's arm.	
	Dry the client's hand.	
	Dry the client's armpit.	
	Assist the client in putting on a clean gown.	
	Rinse the basin.	
	Return the basin to storage.	
	Place soiled linen in an appropriate container.	
	Lower the bed.	
	Maintain respectful, courteous interpersonal interactions at all times.	
	Leave the call light or signaling device within easy reach of the client.	
	Perform hand hygiene. a. Cover all surfaces of hands with hand sanitizer. b. Rub hands together until hands are completely dry.	

5.) CATHETER CARE FOR A MALE CLIENT WITH HAND WASHING

(ONE OF THE POSSIBLE MANDATORY FIRST TASKS) [DEMONSTRATED ON A MANIKIN]

	Knock on the door.	
	Perform hand hygiene. a. Cover all surfaces of hands with hand sanitizer. b. Rub hands together until hands are completely dry.	
	Explain the procedure to the client.	
	Provide privacy - pull curtain.	
	Fill a basin with comfortably warm water.	
	Put on gloves.	
	Lift the client's gown to expose the catheter area.	
	Physically checks that urine can flow unrestricted into the drainage bag.	
	Use soap and water to carefully wash around the penis where the catheter exits the body.	
	Hold the catheter where it exits the urethra with one hand.	
	While holding the catheter, clean at least 3-4 inches down the catheter tube.	
	Clean with stroke(s) only away from the urethra.	
	Use a clean portion of cloth for stroke(s).	
	Rinse using stroke(s) only away from the urethra.	
	Rinse using a clean portion of cloth for stroke(s).	
	Pat dry.	
	Do not allow the tube to be pulled at any time during the procedure.	
	Replace the top cover over the client.	
	Rinse the basin.	
	Return the basin to storage.	
	Leave the client in a position of safety and comfort.	
	Leave the call light or signaling device within easy reach of the client.	
	Maintain respectful, courteous interpersonal interactions at all times.	
	Wash hands - turn on the water.	
	Begin by thoroughly wetting hands.	
	Apply soap to hands.	
	Rub hands together for 20 seconds using friction with soap.	
	Wash all surfaces of hands with soap.	
	Wash all surfaces of wrists with soap.	
	Clean under fingernails with soap.	
	Using friction, rub interlaced fingers together while pointing downward with soap.	
	Rinse hands thoroughly under running water with fingers pointed downward.	
	Dry hands and wrists with a clean paper towel(s).	
	Turn off the faucet with a paper towel.	
	Discard paper towels in a trash container as used.	

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Do not re-contaminate hands at any time during the hand-washing procedure. (NOTE: Such as touching the sides of the sink or faucet during the procedure, crumpling up the paper towel used to turn off the faucet with both hands before discarding, etc.)	
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6.) DRESS A BEDRIDDEN CLIENT

	Knock on the door.	
	Perform hand hygiene. a. Cover all surfaces of hands with hand sanitizer. b. Rub hands together until hands are completely dry.	
	Explain the procedure to the client.	
	Provide privacy - pull curtain.	
	Keep the client covered while removing the gown.	
	Remove the client's gown.	
	Place the soiled gown in a designated laundry hamper.	
	When dressing the client in a shirt/blouse, begin with the weak side first, insert your hand through the sleeve of the shirt/blouse, and grasp the hand of the client.	
	When dressing the client in sweatpants, assist the client in raising their buttocks or rock the client side to side and draw the pants over the buttocks and up to the client's waist.	
	When putting on the client's socks, draw the socks up the client's foot until they are smooth.	
	Leave the client comfortably and properly dressed.	
	Maintain respectful, courteous interpersonal interactions at all times.	
	Leave the call light or signaling device within easy reach of the client.	
	Perform hand hygiene. a. Cover all surfaces of hands with hand sanitizer. b. Rub hands together until hands are completely dry.	

7.) MOUTH CARE (BRUSH A CLIENT'S TEETH)

	Knock on the door.	
	Perform hand hygiene. a. Cover all surfaces of hands with hand sanitizer. b. Rub hands together until hands are completely dry.	
	Explain the procedure to the client.	
	Provide privacy – pull curtain.	
	Drape the chest with a towel to prevent soiling.	
	Put on gloves.	
	Apply toothpaste to the toothbrush/toothette.	
	Brush all inner surfaces of all upper and lower teeth.	
	Brush all outer surfaces of all upper and lower teeth.	
	Brush all chewing surfaces of all upper and lower teeth.	
	Clean tongue.	
	Clean gums.	
	Assist client in rinsing their mouth.	
	Wipe the client's mouth.	
	Remove soiled linen.	
	Place soiled linen in a designated laundry hamper.	
	Empty the emesis basin.	
	Rinse the emesis basin.	
	Rinse the toothbrush or dispose of the toothette.	
	Return the emesis basin and toothbrush to storage.	
	Leave the client in a position of comfort and safety.	
	Maintain respectful, courteous interpersonal interactions at all times.	
	Leave the call light or signaling device within easy reach of the client.	
	Perform hand hygiene. a. Cover all surfaces of hands with hand sanitizer. b. Rub hands together until hands are completely dry.	

8.) PERINEAL CARE FOR A FEMALE CLIENT WITH HAND WASHING

(ONE OF THE POSSIBLE MANDATORY FIRST TASKS) [DEMONSTRATED ON A MANIKIN]

	Knock on the door.	
	Perform hand hygiene. a. Cover all surfaces of hands with hand sanitizer. b. Rub hands together until hands are completely dry.	
	Explain the procedure to the client (manikin).	
	Provide privacy - pull curtain.	
	Fill a basin with comfortably warm water.	
	Raise the bed to a comfortable working height.	
	Put on gloves.	
	Remove covers from the client.	
	Make sure the client is comfortably positioned on their back.	
	Lift the client's gown to expose the perineum only.	
	Separate the labia.	
	Use water and a clean, soapy washcloth.	
	Clean one side of the labia from top to bottom.	
	Use a clean portion of a washcloth with each stroke for each step.	
	Clean the other side of the labia from top to bottom.	
	Clean the vaginal area from top to bottom.	
	Use a clean washcloth to rinse.	
	Rinse the vaginal area from top to bottom using a clean portion of the washcloth for each stroke.	
	Pat dry.	
	Assist client to turn onto their side.	
	Use water and a clean, soapy washcloth.	
	Clean from the vagina to the rectal area.	
	Use a clean portion of a washcloth for any cleaning stroke(s).	
	Use a clean portion of a washcloth for each stroke, and rinse the area from the vagina to the rectal area.	
	Pat dry.	
	Position the client (manikin) on their back.	
	Place the soiled linen in a designated laundry hamper.	
	Lower the bed.	
	Rinse the basin.	
	Return the basin to storage.	
	Maintain respectful, courteous interpersonal interactions at all times.	
	Leave the call light or signaling device within easy reach of the client.	
	Wash hands - turn on the water.	
	Begins by thoroughly wetting hands.	
	Apply soap to hands.	
	Rub hands together for 20 seconds using friction with soap.	
	Wash all surfaces of hands with soap.	
	Wash all surfaces of wrists with soap.	
	Clean under fingernails with soap.	

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	Using friction, rub interlaced fingers together while pointing downward with soap.	
	Rinse hands thoroughly under running water with fingers pointed downward.	
	Dry hands and wrists with a clean paper towel(s).	
	Turn off the faucet with a paper towel.	
	Discard paper towels in a trash container as used.	
	Do not re-contaminate hands at any time during the hand-washing procedure. (NOTE: Such as touching the sides of the sink or faucet during the procedure, crumpling up the paper towel used to turn off the faucet with both hands before discarding, etc.)	

9.) PERINEAL CARE FOR A MALE CLIENT AND CHANGE THEIR SOILED BRIEF WITH HAND WASHING

(ONE OF THE POSSIBLE MANDATORY FIRST TASKS) [DEMONSTRATED ON A MANIKIN]

	Knock on the door.	
	Perform hand hygiene. a. Cover all surfaces of hands with hand sanitizer. b. Rub hands together until hands are completely dry.	
	Explain the procedure to the client (manikin).	
	Provide privacy - pull curtain.	
	Obtain new brief.	
	Fill a basin with comfortably warm water.	
	Raise the bed to a comfortable working height.	
	Put on gloves.	
	Remove covers from the client.	
	Make sure the client is comfortably positioned on their back.	
	Lift the client's gown to expose the perineum only.	
	Gently grasp the penis.	
	Use water and a clean, soapy washcloth.	
	Use a clean portion of a washcloth, and clean the tip of the penis, starting at the urethral opening and working away with a circular motion toward the body.	
	Use a clean portion of a washcloth, and clean the shaft of the penis with a firm motion toward the body.	
	Use a clean portion of a washcloth, and clean the scrotum.	
	Use a clean washcloth to rinse.	
	Use a clean portion of a washcloth for each stroke, and rinse the penis.	
	Use a clean portion of a washcloth for each stroke, and rinse the scrotum.	
	Pat dry.	
	Roll the front of the soiled brief, tucking it under the scrotum.	
	Dispose of the soiled brief by placing the brief in the trash can.	
	Assist the client to turn onto their side.	
	Use water and a clean, soapy washcloth.	
	Clean from the scrotum to the rectal area.	
	Use a clean portion of a washcloth for any cleaning stroke(s).	
	Use a clean portion of a washcloth for each stroke, and rinse from the scrotum to the rectal area.	
	Pat dry.	
	Apply brief.	
	Position the client (manikin) on their back.	
	Place the soiled linen in a designated laundry hamper.	
	Lower bed.	
	Rinse the basin.	
	Return the basin to storage.	
	Maintain respectful, courteous interpersonal interactions at all times.	
	Leave the call light or signaling device within easy reach of the client.	

	Wash hands - turn on water.	
	Begin by thoroughly wetting hands.	
	Apply soap to hands.	
	Rub hands together for 20 seconds using friction with soap.	
	Wash all surfaces of hands with soap.	
	Wash all surfaces of wrists with soap.	
	Clean under fingernails with soap.	
	Using friction, rub interlaced fingers together while pointing downward with soap.	
	Rinse hands thoroughly under running water with fingers pointed downward.	
	Dry hands with a clean paper towel(s).	
	Turn off the faucet with a paper towel.	
	Discard paper towels in a trash container as used.	
	Do not re-contaminate hands at any time during the hand-washing procedure. (NOTE: Such as touching the sides of the sink or faucet during the procedure, crumpling up the paper towel used to turn off the faucet with both hands before discarding, etc.)	

10.) PUT ON A GOWN AND GLOVES, MEASURE AND RECORD OUTPUT FROM A URINARY DRAINAGE BAG, REMOVE GOWN AND GLOVES WITH HAND WASHING

(ONE OF THE POSSIBLE MANDATORY FIRST TASKS)

Perform hand hygiene. a. Cover all surfaces of hands with hand sanitizer. b. Rub hands together until hands are completely dry.	
Face the back opening of the gown.	
Do not shake the gown during unfolding.	
Place arms through each sleeve.	
Secure the neck opening.	
Tie the waist in the back or on the side.	
Clothing, both front and back, is covered as completely as possible.	
Put on gloves.	
Gloves overlap gown sleeves at the wrist.	
Knock on the door.	
Explain the procedure to the client.	
Provide privacy – pull curtain.	
Place a barrier on the floor under the drainage bag.	
Place the graduate on the previously placed barrier.	
Open the drain to allow the urine to flow into the graduate.	
Completely empty urinary drainage bag.	
Do not touch the graduate with any portion of the tubing.	
Close the drain.	
Secure the drain.	
Record the output in mls on the recording form.	
The candidate's recorded output must be within range of the RN Test Observer's recorded output.	
Empty graduate into the toilet.	
Rinse the graduate.	
Empty the rinse water in the toilet.	
Return the equipment to storage.	
Leave the client in a position of safety and comfort.	
Remove gloves before removing the gown; or with gloves on, pull/pop the gown off by pulling on the front of the gown.	
Remove gloves, turning inside out and folding one glove inside the other; or pull/pop the gown from the neck, always keeping gloved hands on the outside (contaminated) portion of the gown.	
Do not touch the outside of the gloves with your bare hands at any time; or work the gown down the arms from the neck and roll the gown inside out as it is removed.	
Dispose of the gloves, without contaminating yourself, in the appropriate container; or peel them off, keeping them inside out and rolling up inside the gown.	
Remove the gown at the neck with bare hands if not using the alternate method of removal.	

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	Unfasten the gown at the waist with bare hands if not using the alternate method of removal.	
	Remove the gown by folding the soiled area to the soiled area with either method of removal.	
	Make sure bare hands never touch the soiled surface of the gown.	
	Dispose of the gown in an appropriate container.	
	Leave the call light or signaling device within easy reach of the client.	
	Maintain respectful, courteous interpersonal interactions at all times.	
	Wash hands - turn on water.	
	Begins by thoroughly wetting hands.	
	Apply soap to hands.	
	Rub hands together for 20 seconds using friction with soap.	
	Wash all surfaces of hands with soap.	
	Wash all surfaces of wrists with soap.	
	Clean under fingernails with soap.	
	Using friction, rub interlaced fingers together while pointing downward with soap.	
	Rinse hands thoroughly under running water with fingers pointed downward.	
	Dry hands with a clean paper towel(s).	
	Turn off the faucet with a paper towel.	
	Discard paper towels to trash container as used.	
	Do not re-contaminate hands at any time during the hand-washing procedure. (NOTE: Such as touching the sides of the sink or faucet during the procedure, crumpling up the paper towel used to turn off the faucet with both hands before discarding, etc.)	

11.) RANGE OF MOTION (ROM) FOR A CLIENT'S LOWER EXTREMITIES (HIP AND KNEE)

	Knock on the door.	
	Perform hand hygiene. a. Cover all surfaces of hands with hand sanitizer. b. Rub hands together until hands are completely dry.	
	Explain the procedure to the client.	
	Provide privacy - pull curtain.	
	Correctly support the client's joints by placing one hand under the client's knee and the other under the client's ankle.	
	Perform the following motions (abduction, adduction, flexion, and extension) on the correct side stated by the RN Test Observer.	
	Move the entire leg away from the body. (abduction)	
	Move the entire leg toward the body. (adduction)	
	Complete abduction and adduction of the hip at least three times.	
	Continue to correctly support joints by placing one hand under the client's knee and the other hand under the client's ankle.	
	Bend the client's knee and hip toward the client's trunk. (flexion of hip and knee at the same time - may also do separately)	
	Straighten the knee and hip. (extension of knee and hip in the same motion - may also do separately)	
	Complete flexion and extension of the knee and hip at least three times.	
	Ask the client if causing any discomfort or pain at some point during the ROM procedure.	
	Do not force any joint beyond the point of free movement.	
	Leave the client in a comfortable position.	
	Maintain respectful, courteous interpersonal interactions at all times.	
	Leave the call light or signaling device within easy reach of the client.	
	Perform hand hygiene. a. Cover all surfaces of hands with hand sanitizer. b. Rub hands together until hands are completely dry.	

12.) RANGE OF MOTION (ROM) FOR A CLIENT'S UPPER EXTREMITIES (ONE SHOULDER)

	Knock on the door.	
	Perform hand hygiene. a. Cover all surfaces of hands with hand sanitizer. b. Rub hands together until hands are completely dry.	
	Explain the procedure to the client.	
	Provide privacy - pull curtain.	
	Correctly support the client's joint by placing one hand under the client's elbow and the other under the client's wrist.	
	Perform the following motions (flexion, extension, abduction, and adduction) on the correct side stated by the RN Test Observer.	
	Raise the client's arm up and over the client's head. (flexion)	
	Bring the client's arm back down to the client's side. (extension)	
	Complete flexion and extension of the shoulder at least three times.	
	Continue the same support for the shoulder joint by placing one hand under the client's elbow and the other hand under the client's wrist.	
	Move the client's entire arm out away from the body. (abduction)	
	Return the arm to the side of the client's body. (adduction)	
	Complete abduction and adduction of the shoulder at least three times.	
	Ask the client if causing any discomfort or pain at some point during the ROM procedure.	
	Do not force any joint beyond the point of free movement.	
	Leave the client in a comfortable position.	
	Maintain respectful, courteous interpersonal interactions at all times.	
	Leave the call light or signaling device within easy reach of the client.	
	Perform hand hygiene. a. Cover all surfaces of hands with hand sanitizer. b. Rub hands together until hands are completely dry.	

13.) RE-POSITION A CLIENT ON THEIR SIDE IN THE BED

	Knock on the door.	
	Perform hand hygiene. a. Cover all surfaces of hands with hand sanitizer. b. Rub hands together until hands are completely dry.	
	Explain the procedure to the client.	
	Provide privacy - pull curtain.	
	Position the bed flat.	
	Raise the bed to a comfortable working height.	
	Ensure that the client's face never becomes obstructed by the pillow.	
	Assist/turn the client onto the correct side as read to them in the scenario.	
	Check to be sure the client is not lying on their arm.	
	Maintain the client's correct body alignment.	
	Place support devices under the client's head.	
	Place support devices under the client's upper arm.	
	Place support devices behind the client's back.	
	Place support devices between the client's knees.	
	Lower bed.	
	Lower side rail, if it was used.	
	Maintain respectful, courteous interpersonal interactions at all times.	
	Leave the call light or signaling device within easy reach of the client.	
	Perform hand hygiene. a. Cover all surfaces of hands with hand sanitizer. b. Rub hands together until hands are completely dry.	

14.) TRANSFER A CLIENT FROM A WHEELCHAIR TO THEIR BED USING A GAIT BELT

	Knock on the door.	
	Perform hand hygiene. a. Cover all surfaces of hands with hand sanitizer. b. Rub hands together until hands are completely dry.	
	Explain the procedure to the client.	
	Position the wheelchair at the foot or head of the bed with the arm of the wheelchair almost touching the bed.	
	Ensure the client's safety by locking the wheelchair brakes.	
	Ensure the client's safety by locking the bed brakes.	
	Place a gait belt around the client's waist to stabilize the trunk.	
	Check the gait belt for fit by sliding fingers under the belt to determine if it is snug but not too tight.	
	Ensure the client's feet are flat on the floor.	
	Ask the client to place their hands on the wheelchair armrests.	
	Assist the client to a standing position, using an underhand grip on the gait belt.	
	Assist the client to a standing position using proper body mechanics.	
	Transfer the client from the wheelchair to the bed by assisting the client in pivoting and sitting on the bed in a controlled manner that ensures safety.	
	Remove the gait belt.	
	Remove the client's shoes.	
	Assist the client in lying down in the center of the bed.	
	Make sure the client is comfortable and in good body alignment.	
	Maintain respectful, courteous interpersonal interactions at all times.	
	Leave the call light or signaling device within easy reach of the client.	
	Perform hand hygiene. a. Cover all surfaces of hands with hand sanitizer. b. Rub hands together until hands are completely dry.	

15.) VITAL SIGNS: TAKE AND RECORD A CLIENT'S BLOOD PRESSURE AND PULSE OXIMETRY

	Knock on the door.	
	Perform hand hygiene. a. Cover all surfaces of hands with hand sanitizer. b. Rub hands together until hands are completely dry.	
	Explain the procedure to the client.	
	Position the client with a forearm relaxed and supported in a palm-up position.	
	Position the client with the forearm approximately at the level of the heart.	
	Roll the client's sleeve up about 5 inches above the elbow.	
	Apply the appropriate size cuff around the upper arm just above the elbow.	
	Correctly align the cuff over the brachial artery.	
	Clean the earpieces of the stethoscope appropriately and place them in your ears.	
	Clean the diaphragm.	
	Place the stethoscope over the brachial artery.	
	Hold the stethoscope snugly in place.	
	Inflate the cuff to 160-180 mmHg.	
	Slowly release air from the cuff to the disappearance of pulsations.	
	Remove the cuff.	
	Record the blood pressure reading on the recording form.	
	The candidate's recorded diastolic and systolic readings must be within range of the RN Test Observer's recorded diastolic and systolic readings.	
	Obtain the pulse oximeter.	
	Properly place the pulse oximeter on the client's finger.	
	Turn on the pulse oximeter and leave it in place while the client's oxygen level reading is being taken.	
	Record the pulse oximetry reading on the recording form.	
	The candidate's recorded pulse oximetry reading must be within range of the RN Test Observer's recorded pulse oximetry reading.	
	Remove the pulse oximeter from the client's finger.	
	Maintain respectful, courteous interpersonal interactions at all times.	
	Leave the call light or signaling device within easy reach of the client.	
	Perform hand hygiene. a. Cover all surfaces of hands with hand sanitizer. b. Rub hands together until hands are completely dry.	

16.) VITAL SIGNS: TAKE AND RECORD A CLIENT'S TEMPERATURE (USING A TOUCHLESS INFRARED THERMOMETER), RADIAL PULSE, AND RESPIRATIONS

	Knock on the door.	
	Perform hand hygiene. a. Cover all surfaces of hands with hand sanitizer. b. Rub hands together until hands are completely dry.	
	Explain the procedure to the client.	
	Obtain the touchless infrared thermometer.	
	Point the thermometer at the end of the client's eyebrow.	
	Hold the thermometer at a length of 3 fingers put together from the client's temple.	
	Ensure that the thermometer does not touch the client's skin.	
	Read the thermometer screen and record the client's temperature on the recording form.	
	The candidate's recorded temperature must be within range of the RN Test Observer's recorded temperature.	
	Locate the client's radial pulse by placing the tips of fingers on the thumb side of the client's wrist.	
	Count the client's pulse for 60 seconds.	
	Record the client's pulse count on the recording form.	
	The candidate's recorded pulse count must be within range of the RN Test Observer's recorded pulse count.	
	Count the client's respirations for 60 seconds.	
	Record the client's respiration count on the recording form.	
	The candidate's recorded respiration count must be within range of the RN Test Observer's recorded respiration count.	
	Maintain respectful, courteous interpersonal interactions at all times.	
	Leave the call light or signaling device within easy reach of the client.	
	Perform hand hygiene. a. Cover all surfaces of hands with hand sanitizer. b. Rub hands together until hands are completely dry.	